

**AM Bowel Preparation with Suprep**

- **You must be accompanied by a friend or relative to drive and assist you home. We WILL NOT discharge you to a cab, bus or other transportation service without a responsible party with you. You may not drive until the day after your procedure.**

**Special Instructions Regarding Medications**

- If you are on an **anticoagulant/blood thinner** our nurse will contact you with instructions after contacting your prescribing physician. If you have not heard from the nurse 1 week prior to your procedure please contact our office.
- **Do Not** take **Iron supplements** for **one week prior** to the procedure date. Multivitamins are OK.
- **Diabetic patients:** \_\_\_\_\_
- **Do Not** take **Water Pill/Diuretic** (Lasix (furosemide), HCTZ (Hydrochlorothiazide), Dyazide, Diovan HCT, Spironolactone), on the day of the procedure
- **Heart/Blood Pressure/ Thyroid/Seizure/Anxiety Medications** can be taken **on the day of the procedure** with a sip of water.
- **Stop Effexor one day before** the procedure (if applicable)
- **Asthmatic patients** should bring their **INHALERS** with them on the day of the procedure

**THE DAY BEFORE YOUR PROCEDURE**

**IMPORTANT NOTE: follow the instructions below, NOT the instructions on the Prep's packaging.**

- **DO NOT EAT ANY SOLID FOODS. YOU MAY ONLY HAVE CLEAR LIQUIDS.**
- Take all of your normal prescription medications, **unless advised otherwise.**
- **At 4 pm** -  yes  no Take 2 Bisacodyl Laxative tablets with water **2** hours before first dose of prep.
- **At 6 pm** – Pour (1) 6 oz bottle of **Suprep** liquid into the mixing container.  
Add cool drinking water to the 16 oz line on the container and mix.
- Begin drinking the **Suprep** solution. Drink all the liquid in the container.
- You **MUST** drink two (2) more 16 oz containers of clear liquid over the next 2 hours

**DAY OF PROCEDURE**

- **Six (6) hours** – before you plan to leave for the endoscopy center, take the second dose of your Prep  
*For example, if you plan to leave at 9:00 am the second dose should be taken at 3:00 am*
- Pour (1) 6 oz bottle of **Suprep** liquid into the mixing container.  
Add cool drinking water to the 16 oz line on the container and mix.
- Drink all the liquid in the container.
- You **MUST** drink two (2) more 16 oz containers of clear liquids over the next 2 hours
- Prep **MUST** be completed 4 hours prior to your arrival time.

**CLEAR LIQUIDS ARE ALLOWED UNTIL 4 HOURS BEFORE YOUR ARRIVAL TIME, THEN NOTHING FURTHER TO DRINK**

General or reschedule questions call 610-431-3122