

PM Bowel Preparation with MoviPrep

- **You must be accompanied by a friend or relative to drive and assist you home. We WILL NOT discharge you to a cab, bus or other transportation service without a responsible party with you. You may not drive until the day after your procedure.**

Special Instructions Regarding Medications

- If you are on an **anticoagulant/blood thinner** our nurse will contact you with instructions after contacting your prescribing physician. If you have not heard from the nurse 1 week prior to your procedure please contact our office.
- **Do Not** take **Iron supplements** for **one week prior** to the procedure date. Multivitamins are OK.
- **Diabetic patients:** _____
- **Do Not** take **Water Pill/Diuretic** (Lasix (furosemide), HCTZ (Hydrochlorothiazide), Dyazide, Diovan HCT, Spironolactone), on the day of the procedure
- **Heart/Blood Pressure/ Thyroid/Seizure/Anxiety Medications** can be taken **on the day of the procedure** with a sip of water.
- **Stop Effexor one day before** the procedure (if applicable)
- **Asthmatic patients** should bring their **INHALERS** with them on the day of the procedure

THE DAY BEFORE YOUR PROCEDURE

IMPORTANT NOTE: follow the instructions below, NOT the instructions on the prep's packaging

- **You MAY Eat a light breakfast until 11:00 am**
(ex: scrambled eggs, plain white toast, orange juice. **NO** whole grains, cereals, oatmeal, etc.)
- **YOU MAY NOT HAVE ANY SOLID FOOD AFTER 11:00 am ONLY CLEAR LIQUIDS**
- Take all of your normal prescription medications, **unless advised otherwise.**
- Prepare your **MoviPrep** solution in the morning. Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm water to the top line of the container. Mix to dissolve then refrigerate.
- **At 6 pm - yes no** Take 2 Bisacodyl Laxative tablets with water **2** hours before first dose of prep
- **At 8 pm – Drink** the first dose of prep; the MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately **8 oz**) until the entire solution is consumed
- **Follow** by drinking 16 oz of Clear Liquids over the next 2 hours
- Prepare your second MoviPrep solution the same as above and refrigerate until it's time for the next dose.

DAY OF YOUR PROCEDURE

- **Six (6) hours -** before you plan to leave for the endoscopy center take the second dose of your prep
For example, if you plan to leave at 12:00 pm the second dose should be taken at 6:00 am
- **Drink** the second dose of prep; the MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately **8 oz**) until the entire solution is consumed
- **Follow** by drinking 16 oz of clear liquids over the next 2 hours
- Prep **MUST** be completed 4 hours prior to your arrival time

CLEAR LIQUIDS ARE ALLOWED UNTIL 4 HOURS BEFORE YOUR ARRIVAL TIME, THEN NOTHING FURTHER TO DRINK

General or reschedule questions call 610-431-3122