

AM Bowel Preparation with 4 Liter Glycol/Electrolyte
Brand Name: TriLyte, Nulytely, Golytely

- **You must be accompanied by a friend or relative to drive and assist you home. We WILL NOT discharge you to a cab, bus or other transportation service without a responsible party with you. You may not drive until the day after your procedure.**

Special Instructions Regarding Medications

- If you are on an **anticoagulant/blood thinner** our nurse will contact you with instructions after contacting your prescribing physician. If you have not heard from the nurse 1 week prior to your procedure please contact our office.
- **Do Not** take **Iron supplements** for **one week prior** to the procedure date. Multivitamins are OK.
- **Diabetic patients:** _____
- **Do Not** take **Water Pill/Diuretic** (Lasix (furosemide), HCTZ (Hydrochlorothiazide), Dyazide, Diovan HCT, Spironolactone), on the day of the procedure
- **Heart/Blood Pressure/ Thyroid/Seizure/Anxiety Medications** can be taken **on the day of the procedure** with a sip of water.
- **Stop Effexor one day before** the procedure (if applicable)
- **Asthmatic patients** should bring their **INHALERS** with them on the day of the procedure

THE DAY BEFORE YOUR PROCEDURE

IMPORTANT NOTE: follow the instructions below, NOT the instructions on the prep's packaging

- **DO NOT EAT ANY SOLID FOODS. YOU MAY ONLY HAVE CLEAR LIQUIDS.**
- Take all of your normal prescription medications, **unless advised otherwise.**
- Prepare your **Bowel Prep** solution in the morning with lukewarm water to the designated line and add a flavor packet. **Shake well and refrigerate.**
- **At 4 pm** - yes no Take 2 Bisacodyl Laxative tablets with water **2 hours** before first dose of prep
- **At 6 pm** – Drink half of the preparation, 8 oz every 10-15 minutes
- It is best to drink each glass rapidly rather than sip it. Drinking the solution through a straw may also improve your tolerance for this bowel prep.

DAY OF YOUR PROCEDURE

- **Six (6) hours** - before you plan to leave for the endoscopy center take the second dose of your prep
For example, if you plan to leave at 9:00 am the second half should be taken at 3:00 am
- **Drink** the second dose of the preparation 8 oz every 10-15 minutes
- Prep **MUST** be completed 4 hours prior to your arrival time

**CLEAR LIQUIDS ARE ALLOWED UNTIL 4 HOURS BEFORE YOUR
ARRIVAL TIME, THEN NOTHING FURTHER TO DRINK**

General or reschedule questions call 610-431-3122